



Travel Destinations & Activities

**Activities subject to change.
Contact Sarah for additional information.**

Crystal Springs Entrance fee \$2 per person. \$1 suggested donation for gas. Need 5 people to make this trip a go. **Wednesdays at 2:00 p.m.; back by 4:30.**

March 2, 2010, N/C, 10:00
Brunch & Learn

Integrity Home Health & Hospice will host the brunch. Alison Johnson RN will be talking on preparing for orthopedic surgery. Bring your questions for discussion.

March 4 & 18; 10-12, NC
Wii Thursdays

Back by popular demand, Integrity Home Health & Hospice is sponsoring Wii Thursdays. Come bowl with us or choose your own sport for their collection of games. Meet in the main hall.

March 11, 2010; \$10; 4:00
Dinner and a Movie

The Megaplex Junction in Ogden is the destination for an evening of dinner and a movie. Bowling is also included after dinner and before the show. The cost includes transportation, one game of bowling. The movie tickets and dinner will be on your own. Join us for a fun night.

March 16, 2010; 10-12; \$2

Bring 12 of your favorite photos for a no hassle scrapbook page decorating/layout session. The ready-made calendar makes a great gift for someone special, or to have for your own home. Samples are in Sarah's office.

March 17, 2010; 11:30; NC
St. Patrick's Day Celebration

Make sure to wear all the green you can on this day of leprechauns and shenanigans. We will have the annual 'Wearin' of the Green' contest. We'll be sure to have a grand time. May the wind always be at your back.

March 23 & 24, 2010; \$5; 10-12
Crafting with Sarah
Personalized Photo Book

Are you looking for a little more creative outlet? We will be making a chipboard scrapbook. The cost of each book is \$5.

There are many possibilities to individualize your book as you choose your paper to glue to the pages of the book on the first day.

The second day will be spent attaching 10 pictures from your own collection to the pages.

Samples are in Sarah's office.

March 25, 2010; \$10; 10:00
Logan Shopping Trip

Join us for a fun day of shopping and lunch in Logan. Stops will include Cox Honeyland, Pepperidge Farms, Logan DI, Hobby Lobby, and more.

March 29, 2010; \$18; 7:30 a.m.
Wendover

Make sure to take your four leaf clover with you this month. Will you find your pot of gold this time? Please sign up early and pay in advance. Always a fun trip with activities on the way down.

March 31, 2010; 10:30-12; NC
Craft Creations with Integrity

Where is Peter Cottontail: Come join us in the main hall for a fun Easter craft with Integrity Home Health & Hospice. Alison Johnson

RN will be your hostess for this fun craft.

March 26, 2010; 6-8:30; \$15

Knight of Murder
Murder Mystery Dinner Theater

Join us for a fun evening of Medieval entertainment, intrigue and murder as you, the guest, do your best to figure out 'who done it?' Costumes are encouraged but not necessary. Think the Robin Hood era, and yes, real men do wear tights!

UPCOMING EVENTS

April 2010; \$15; Hogle Zoo.

Spring brings many new delights and the zoo should have some new additions. Come see the baby animals and many new exhibits.

May 26, 2010; Senior Health & Fitness Day. Senior Health & Fitness Day is just around the corner. Join us for a fun day at Rees Pioneer Park for activities throughout the day. Tony Summerhays will be the featured entertainment at lunch in the bowery from 11:30-1:30. Lunch will be from Maddox Ranch House. There will be health care booths throughout the park. Mark this date on your calendar. More information will be forth-coming as the date gets closer.

October 2010; \$20; Bar J Wranglers. Front row seats and a meet and greet after the performance. 30 tickets (2 for wheelchairs). Concert at Bear River High School. Tickets are going fast. Sign up early.

Change in Travel Program Reservation Policy

The City's Accounting Policy for Senior Center trips has changed the way trips are organized. ***Payment in full is required within three (3) days of registering to guarantee your seat.*** Delays in payment will result in your name being moved to a waiting list, or dropped from the roster.